

GUIDE 03

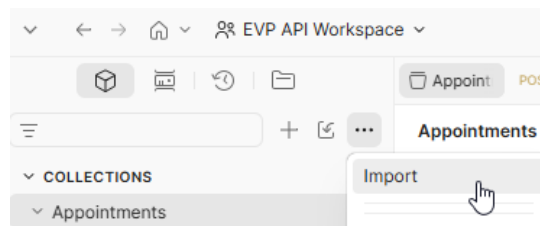
Importing and Exporting Postman Collections

Move reusable API request collections into or out of Postman.

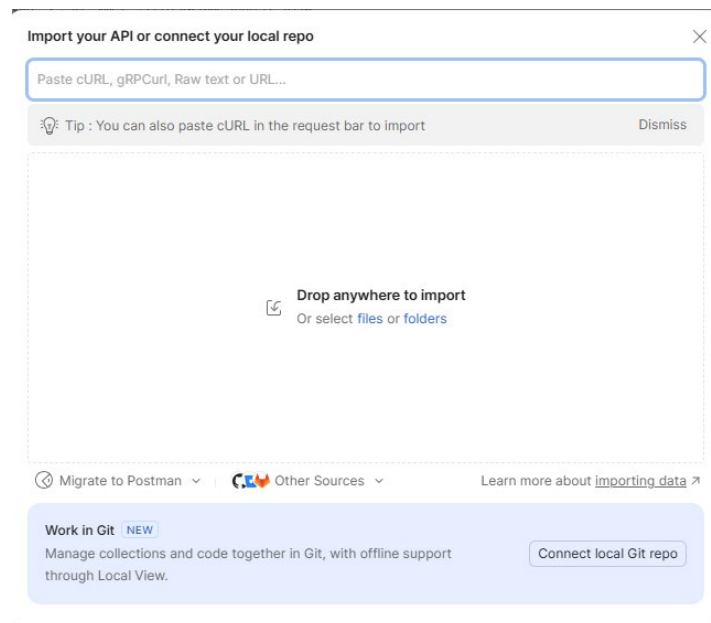
SECURITY REMINDER Before exporting or sharing a collection, replace credentials, tokens, or any other sensitive data with placeholders.

01 Import a collection

1. Select the three-dot menu above the collection area.
2. Select Import.
3. Browse to the collection file and complete the import.



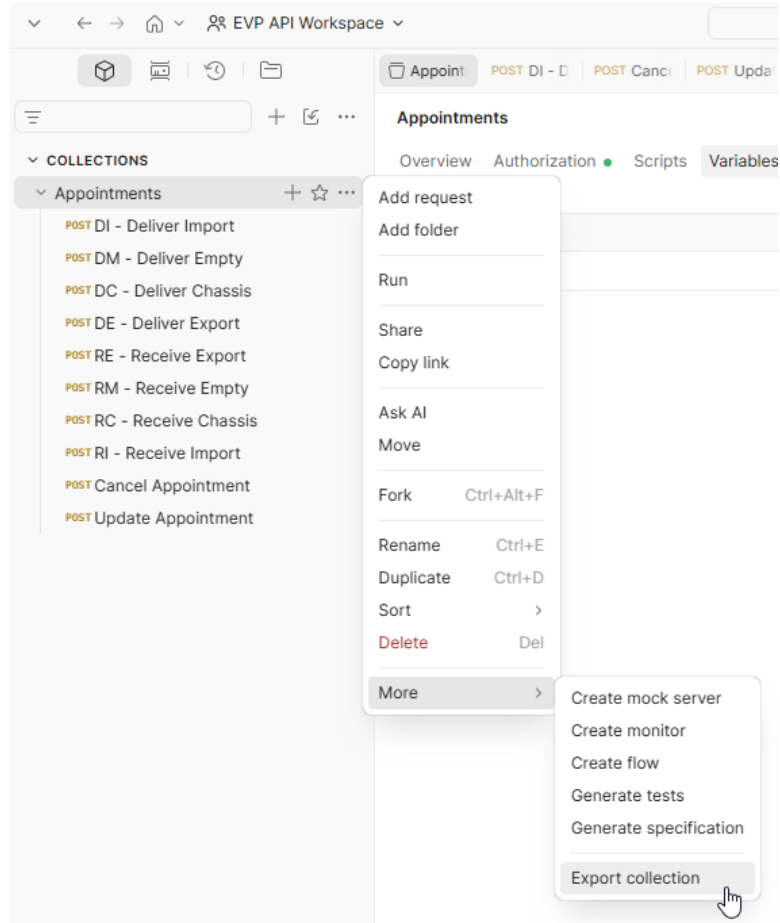
Open the collection-area menu and select Import.



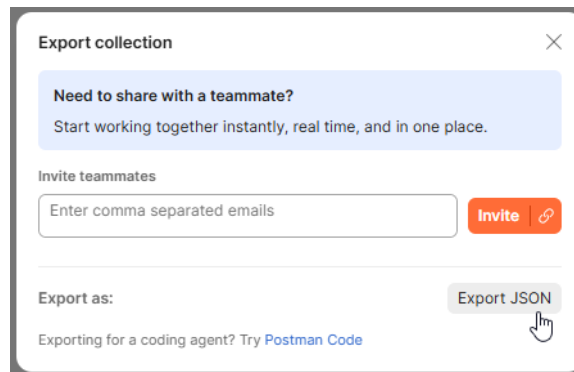
The imported collection appears in the Collections panel.

02 Export a collection

4. Select the three-dot menu next to the collection.
5. Select More, then Export Collection.
6. When prompted, select Export JSON and choose where to save the file.



Open the collection menu and choose Export Collection.



Export the collection as JSON.